

# SUNSMART POLICY

## PURPOSE:

*To develop in students an understanding of the possible dangers of exposure to the sun. To develop in students Sunsmart habits that are necessary to minimise their exposure to harmful ultra-violet rays.*

- To ensure that students attending Baden Powell College P – 6 (BPC) are taking positive steps in the protection of skin damage caused by harmful ultra-violet rays.

## GOALS:

During their time at Baden Powell College, students will:

- Wear college-approved hats whenever there is a risk of skin damage.
- Compulsory wearing of hats during Terms 1 and 4 (at recess, lunch, fitness, sports, excursions etc) will be enforced. Students will be sent to a shaded area if hats are not worn during these times.
- Be encouraged to apply sunscreen to exposed skin.
- Be involved in activities that incorporate skin cancer prevention and Sunsmart habits.
- Have access to and be encouraged to use a range of shade and sheltered areas within the college, where appropriate.

## GUIDELINES:

- Students must wear college approved hats when outside in Terms 1 and 4. When deemed appropriate, students will be expected to wear hats in Term 2 and 3.
- Students must wear their hat on excursions requiring them to be outdoors for extended lengths of time.

Students will be encouraged to develop the habits of:

- Applying sunscreen before coming to school, and
- Carrying sunscreen in their schoolbags
- SPF 30 + Sunscreen will be available for all students to apply during school hours.
- Wherever possible outdoor activities will be scheduled before 11am or at the most appropriate time to reduce exposure to ultra-violet rays.
- The college will regularly reinforce Sunsmart behaviour in a positive way through the newsletter, parent meetings, students, and teacher directed activities.

- Staff and parents will be encouraged to act as role models by practicing Sunsmart behaviours (e.g. wearing hats on Yard Duty in Term 1 and 4).
- Positive reinforcement will be used to encourage students to develop and display Sunsmart habits (eg wearing hats and sunscreen).
- Teaching good Sunsmart habits will be done through the integrated curriculum, Inquiry and within specialist health units when approaching Terms 1 and 4.
- Active parent support will be sought to enforce this policy effectively

#### **IMPLEMENTATION:**

- Staff are to enforce the college ruling that hats are to be worn during Terms 1 and 4. Staff to model and display good Sunsmart behaviours.
- Staff are to ensure that students wear their hat to any excursion that requires them to be outdoors for extended periods.
- Provision will be made for Sunscreen to be used by all staff and students. Teachers are to encourage students to apply sunscreen: before recess, lunch and prior to leaving classroom for outdoors activities in Terms 1 and 4.
- When weather is deemed to be excessive, a 'extreme weather' timetable is to be enforced for students' protection
- Students will be rewarded for their efforts in displaying good Sunsmart behaviours via college awards and positive reinforcement

#### **EVALUATION:**

- Staff are to monitor the wearing of college approved hats on a daily basis. A consequence of not wearing a hat will result in students restricted to shaded areas designated by the teacher.
- Duty Teacher to enforce the wearing of school approved hats during Terms 1 and 4. Any child spotted not wearing a hat will be sent to the appropriate area.
- This policy to be reviewed as part of the school's two year review cycle, individually, in teams and with the community in 2016.